

MAUI ACADEMY OF THE HEALING ARTS SCHOOL OF MASSAGE
 310 Ohukai Road, Suite 318, Kihei, HI 96753
 John Sanderson, M.C., Principal
 Ph: (808) 879-4266 Fax: (808) 879-4484
 Email: info@massageschoolmaui.com, Website: www.massageschoolmaui.com

LEVEL I SCHEDULE OF CLASSES, SUMMER 2009

(Classes are subject to change; dates & times remain the same)

All classes are held at 310 Ohukai Road, Suite 318, Kihei, Hawaii 96753
 Level I Classes meet: **Tues/Thurs: 6:00pm - 9:00 pm, & Sat: 2:30 pm - 6:30 pm**

OPEN HOUSES **SUNDAY, June 14, July 19 & Aug 2**
3:00-4:00

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CLASSES BEGIN

Introduction to Level I		10 hrs
Business Practices & Learning Strategies	Tuesday, Aug 18th	
Biomechanics of Bodywork	Thursday, Aug 20th	
Massage Demo & Registration	Saturday, Aug 22nd	

Registration/Orientation Saturday, Aug 22nd, 2:30-6:30pm

Anatomy & Physiology		
Bones & Muscles	Tues/Thurs. Aug 25th – Sept 24th	30 hrs
Body Systems	Tues/Thurs. Sept 29th – Nov 14th	39 hrs
Swedish Massage	Saturdays, Aug 29th – Nov 14th	48 hrs
Skin Pathology	Thursday, Oct 22nd	3 hrs
Sports Massage	Tues/Thurs/Sat. Nov 17th – Nov 21st	10 hrs

THANKSGIVING BREAK – NOVEMBER 24th – NOVEMBER 27th

Open Clinic	Saturday, Nov 28 th	4 hrs
Geriatric Massage	Tues. Dec 1st	3 hrs
Communication Skills & Laws & Ethics	Thurs. Dec 3rd	3 hrs
Communication Skills	Sat. Dec 5th	4 hrs
Open Clinic	Tues. Dec 8th; Thurs. Dec 10th	6 hrs

CHRISTMAS BREAK - DEC 11 – JAN 4 ** Registration for Level II, Tues. Jan 5th, 5pm**

In addition to 160-classroom hrs, 30 hrs of practical application are required outside of class.

Teachers	work	home	LEVEL I EXIT INTERVIEWS – Dec. 8-11
Gil McCrary	283-6851		PAYMENT SCHEDULE:
John Sanderson	879-4266	874-0614	1st Payment, August 22
Judy Villanueva		280-3736	2nd Payment, Opt.3&4 -Sept. 22
Jeff Sims	357-6459		3rd Payment, Opt.3&4; 2nd payment, Opt.2 - Oct. 22
			4th Payment, Opt.4 -Nov. 19

Textbooks required, \$175 (includes 4 textbooks, handouts & Hawaii State Rules and Regulations)
Intro to Human A&P by Solomon – 3rd edition + study guide *Student liability insurance required - \$65*
Trail Guide to the Body by Biel – 3rd edition + study guide
MAHA – A&P Overview Study Guide Notebook

MAHA Level I - August 2009 Class - Weekly Schedule - First Trimester

Week	Date	Tuesday Lecture 6pm - 9pm	Thursday Lecture 6pm - 9pm	Saturday Technique 2:30pm - 6:30pm
1	8/18 – 8/22	Orientation Introductions & Learning Strategies	Biomechanics of Bodywork	Massage Demo
2	8/25– 8/29	A&P I Bones Terminology	A&P I Bones	Swedish Massage
3	9/1 – 9/5	A&P I Bones	A&P I Bones	Swedish Massage
4	9/8 – 9/12	A&P I Bones Test Muscles Starts	A&P I Muscles	Swedish Massage
5	9/15 – 9/19	A&P I Muscles	A&P I Muscles	Swedish Massage
6	9/22 – 9/26	A&P I Muscles	A&P I Muscles Muscles Test	Swedish Massage
7	9/29 – 10/3	A&P II Body Systems Benefits & Contraindications	A&P II Body Systems Body Organization/Cells	Swedish Massage
8	10/6 – 10/10	A& P II Body Systems Tissues	A&P II Body Systems Cardiovascular System	Swedish Massage
9	10/13 - 10/17	A&P II Body Systems Cardiovascular/Wellness	A&P II Body Systems Lymphatic System	Swedish Massage
10	10/20 - 10/24	A&P II Body Systems Integumentary	A&P II Pathology of Skin	Swedish Massage
11	10/27 – 10/31	A & P II Body Systems Respiratory System	A & P II Body Systems Nervous Systems	Swedish Massage
12	11/3 – 11/7	A&P II Body Systems Nervous System	A&P II Body Systems Nervous System	Swedish Massage
13	11/10–11/14	A&P II Body Systems Endocrine Systems	A & P II Body Systems Completion Quiz	Swedish Massage Final
14	11/17 – 11/21	Sports Massage	Sports Massage	Sports Massage
15	11/24 – 11/28	<u>Happy Thanksgiving!!</u>	<u>Happy Thanksgiving!!</u>	Open Clinic
16	12/1 – 12/5	Geriatric Massage	Communication Skills Laws & Ethics	Communication Skills
17	12/8 – 12/12	Open Clinic	Open Clinic	Vacation Until 1/4/2010

